

## Why doTERRA?

doTERRA's Certified Pure Therapeutic Grade™ (CPTG™) essential oils are 100% pure natural aromatic compounds carefully extracted from plants. They do not contain fillers or artificial ingredients that would dilute their active qualities and free of contaminants such as pesticides or other chemical residues.

As important as it is to keep contaminants out of our oils, assuring the presence of their active compounds, at the right levels, is necessary to guarantee safety and effectiveness. Many oils claim to be therapeutic grade, and some may be pure, but few are subjected to rigorous testing standards for chemical composition. doTERRA's CPTG™ essential oils are cross tested using mass spectrometry and gas chromatography to ensure both extract purity and composition potency of each batch.

## Three simple ways to use CPTG™ Essential Oils



Aromatically



Internally



Topically

doTERRA literally means gift of the earth in Latin. DoTerra is unleashing the power & purity of the plants of the earth to you in your home. The lavender is harvested in France. The helichrysm harvested in the wild in the mountains of the Baltic states. The peppermint comes from Washington state and the Frankincense from Oman, Jordan.

Experience **doTERRA**

Pure. Powerful. 100% SAFE. Effective. Versatile. Easy to use.

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<http://trailmixy.weebly.com/>

<https://www.facebook.com/Trailmixy>

To order: <http://www.mydoterra.com/trailmixy/>

# doTERRA™

Naturally safe, purely effective essential oils

## Single Essential Oils

<b>Basil</b>	Antibiotic, Earache, Ear Infection, Anti-inflammatory
<b>Clove</b>	Analgesic, Antibiotic, Toothache, Emergency Slave, Cuts, Nausea
<b>Cypress</b>	Astringent, Antiseptic, Hemorrhoids, Menopause, Menstrual problems
<b>Eucalyptus</b>	Sinus infection, Hay Fever, Bronchitis, Respiratory congestion, Asthma
<b>Frankincense</b>	Sciatic Pain, Nervousness, Anxiety, Depression, Skin conditions, Infections
<b>Geranium</b>	Hormone Support, Depression, Dermatitis, Diuretic, Sedative
<b>Grapefruit</b>	Weight loss, Cravings, Addiction, Cleansing
<b>Helichrysum</b>	Tissue regeneration, Coagulant, Scaring, Earache
<b>Lavender</b>	Sleep aid, Insect bites, Burns, Bruises, Cuts, Scraps
<b>Lemon</b>	Disinfectant, Sore throat relief, Neutralize odors and bacteria
<b>Lemongrass</b>	Joint support, Insect repellent, Reduce high cholesterol
<b>Marjoram</b>	Muscle relaxant, Chronic fatigue syndrome, shingles, tension headache
<b>Melaleuca</b>	Candida, Antifungal, Antimicrobial, Athlete's foot, MRSA
<b>Myrrh</b>	Immune support, Analgesic, Antispasmodic, Expectorant
<b>Wild Orange</b>	Antidepressant, Fatigue, Extremely aromatic
<b>Oregano</b>	Antibiotic, Strep Throat, Candida, Athlete's foot, Cold, Flu
<b>Peppermint</b>	Headache, Fever, Stomach discomforts, Joint pain, Sinus congestion
<b>Rosemary</b>	Asthma, Antimicrobial, Bronchitis, Diuretic, Mental Clarity
<b>Sandalwood</b>	Antibacterial, Skin disorders, Acne, Stress, Candida
<b>Thyme</b>	Antifungal, Mold, Anti-microbial, Antiseptic
<b>Wintergreen</b>	Analgesic, Anti-Inflammatory, Joint Pain, Muscle Pain, Arthritis
<b>Ylang Ylang</b>	Depression, Stress, Hypertension, Insomnia, Sedative

## Signature Blends

<b>Balance</b>	Anxiety, Hyperactivity, Nervousness, ADD/ADHD, Focus
<b>Breathe</b>	Asthma, Bronchitis, Congestion, Cold, Flu, Cough, All things Respiratory
<b>Citrus Bliss</b>	Elevating, Disinfectant, Kills airborne pathogens, Immune Support
<b>Deep Blue</b>	Pain, Bruises, Carpel Tunnel, Inflammation, Migraine
<b>DigestZen</b>	Constipation, Diarrhea, Heartburn, Indigestion, Food Poisoning
<b>Elevation</b>	Depression, Lack of Energy
<b>On Guard</b>	Sore Throat, Immune System Booster, Onset of Cold/Runny Nose
<b>Purify</b>	Hand sanitizer, Insect bites, Cuts, Surface disinfectant, Mold
<b>Serenity</b>	Anxiety, Sleep aid, Stress, Tension Headaches
<b>Terra Shield</b>	Natural Insect Repellent with NO DEET (10 Times stronger than DEET)

### Disclaimer

This information is intended for educational purposes only and is not meant to substitute for medical care or to prescribe treatment for any specific health condition. Please see a qualified health care provider for medical treatment. These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.